

The Resident Times:



Allston Brighton
COMMUNITY DEVELOPMENT CORPORATION®

October- November 2024

The bimonthly newsletter from Allston Brighton CDC



Afterschool Signups!

We are excited to welcome back our youth for Afterschool the **second week of October!**

Does your child need afterschool care or tutoring from Boston College tutors? Register your child today!

To register your child, please contact Resident Services at **857-990-6981**.

Never Miss a Program
At The Community
Center - ACT NOW!

**Sign Up By The
Dates Below!**

All Bright
Afterschool

October 15th

Haunted Hallway

October 30th



Financial Support

Los servicios de los Residentes está aquí para ayudarle con el estrés financiero.

Sabemos que puede ser difícil pagar el alquiler y otros gastos diarios. Comuníquese con Resident Services si necesita ayuda financiera, busca un nuevo trabajo, necesita ayuda para hacer presupuestos o hacer banca o tiene alguna pregunta sobre otro tema.

Resident Services is here to help if you are feeling any financial stresses.

We know it can be difficult to pay rent and other day-to-day expenses. Reach out to Resident Services if you need financial assistance, are looking for a new job, assistance budgeting or banking, or have a question on another topic.

Open Streets Boston

Boston's Open Streets program is back! Experience community activities, local vendors, and live entertainment.

WHEN: Sunday, October 20, 2024

Between Harvard Ave. and Brighton Ave. from Cambridge to Commonwealth Avenue



Welcome our new Social Work Intern!

Makesha is a first year master's in social work student at Boston College. She graduated from Gordon College in 2023 with a bachelor's degree in Political Science. She was active in many organizations during her undergraduate studies. Makesha will be reaching out to connect with residents soon! Please help us in welcoming her to the Allston Brighton community!



Weekly Coffee Chats: Schedule

Coffee Chats take place weekly at our Community Center every Wednesday from **11 - 12 AM**. Come socialize, drink coffee and tea, eat snacks, and enjoy our programming!

Upcoming Coffee Chat Events



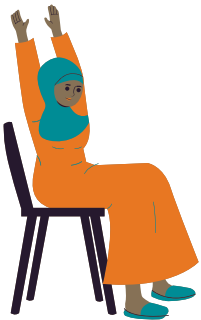
October 9th and 16th: Chair Yoga
October 23rd and 30th: Chair Yoga
November 6th: Thanksgiving Craft



Self Healing Workshop

Thursday, October 10th from 10:30-12 pm

Learn Reiki, self-massage, and other self-healing techniques.



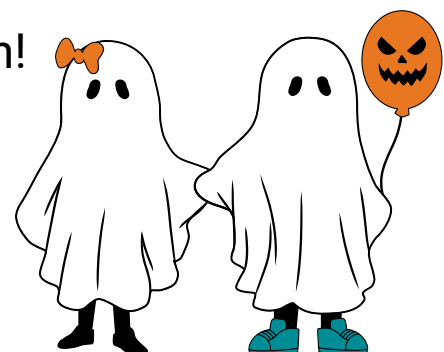
Haunted Hallway Is Back!



Grab your costumes and join us for candy and spooky fun at our annual celebration of Halloween! This event is for kids and families of all ages.

WHEN: October 30th, 5:30-7:30pm

Volunteers needed- contact us to sign up!



Free Kidney-Focused Health Screening

In partnership with the Harvard The Kidney Disease Screening and Awareness Program

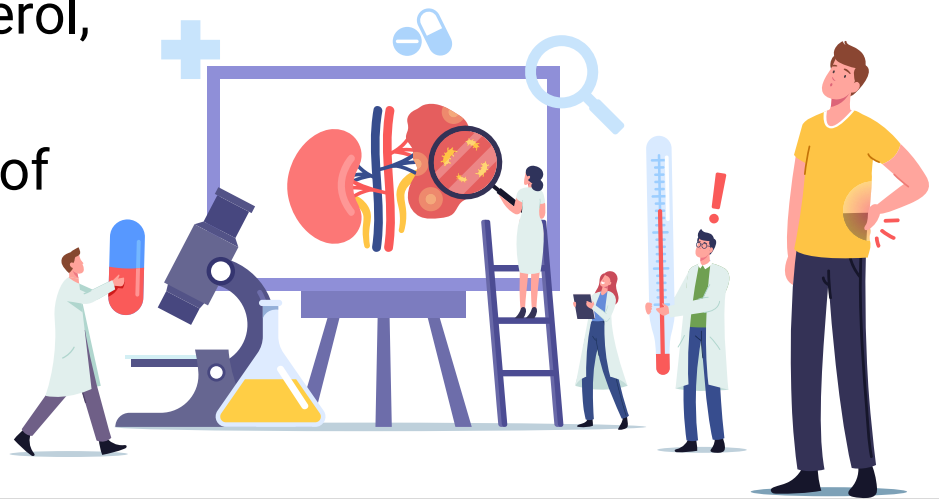
Date: Saturday, November 16th

Time: 1-4pm

You may be at risk if you:

- are over 50
- smoke
- have high blood pressure, high cholesterol, or diabetes
- have a family history of kidney disease

Includes blood pressure, blood glucose, body mass index (BMI), and urinalysis tests & FREE physician consultation.



1287B Commonwealth Avenue
Allston, MA 02134

ALL BRIGHT
COMMUNITY CENTER
At Allston Brighton CDC.

